



🌟 Busy Week at Yiddishland

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Dear Friend,

🌿 We're back from Europe and wanted to share a quick reminder about what's happening at Yiddishland this week. Our Polish classes and a Healing Hearts session are taking place this week, and Jews and Jazz with Yale Strom is also coming up. We hope to see you there!

📖 **Let's Learn Polish at Yiddishland**

A welcoming introduction to the Polish language, focused on practical, real-life conversation in a supportive international setting. Perfect for first-time learners.

📅 Starting this Wednesday,

October 7

🕒 1:00–2:00 p.m. PT / 3:00–4:00 p.m. CT / 4:00–5:00 p.m. ET

9:00–10:00 p.m. UK / 10:00–11:00 p.m. Central Europe

💻 Online via Zoom
💰 \$220

Teacher: Marta Kowalczyk

👉 **Details**

💖 **Healing Hearts: Guided Meditation & Healing**

A gentle hour of guided meditation and energy healing rooted in Jewish spirituality, offering space for reflection, healing, inner harmony, and shared hope.

📅 This Thursday, October 8

🕒 12–1 p.m. PT / 2–3 p.m. CT / 3–4 p.m. ET / 9–10 p.m. CT / 10–11 p.m. Time in Israel

Guide: Meaghan Fitzsimmons

👉 **Details**

Highlight Event of the Month:

Jews and Jazz with Yale Strom

 Did you know that Benny Goodman is an especially important Jewish–Black musical connection. Goodman, the son of Jewish immigrants, became known as the “King of Swing.” His integrated small groups included major Black musicians such as Teddy Wilson and Lionel Hampton. His 1935 trio with Goodman, Wilson, and Gene Krupa was particularly significant because interracial bands were still unusual in segregated America. Come join us and learn more and hear great music.

 This Sunday, October 11, 2026

 10:00–11:00 a.m. PT / 12:00–1:00 p.m. CT / 1:00–2:00 p.m. ET

 Online via Zoom

 \$25

Speaker: Yale Strom

 [Details](#)

Thank you! *A sheynem dank!*



 With gratitude,
Jana and the teams of YAAANA and Yiddishland

 Explore Our Offerings 

See all our events and classes.

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 Have a Suggestion? 

 Got an idea for a class or event you’d love us to create?

We’d love to hear from you!

 info@yiddishland.ca

 Join Our Board 

 Help shape the future of YAAANA and

Yiddishland California

 Contact Jana at jana@yiddishland.ca to learn more.

 Stay yiddishized with us!



Jana and the Teams of YAAANA and Yiddishland
California



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