



From the Heart of Yiddishland – Weekly Newsletter Updates

Dearest Friends of YAAANA and Yiddishland California,

A freylekh (joyful) hello from Yiddishland California!

We're delighted to share this week's updates from Yiddishland California, filled with learning, creativity, and community.

From our Grand Opening Celebration to Judeo-Spanish (Ladino) classes, Yoga in Yiddish, and the Healing Hearts gatherings... there's something for everyone.

 **Stay connected and keep exploring the light and warmth of our Yiddishland family.** 

🎀 Yiddishland California in La Paz, MX 🎀

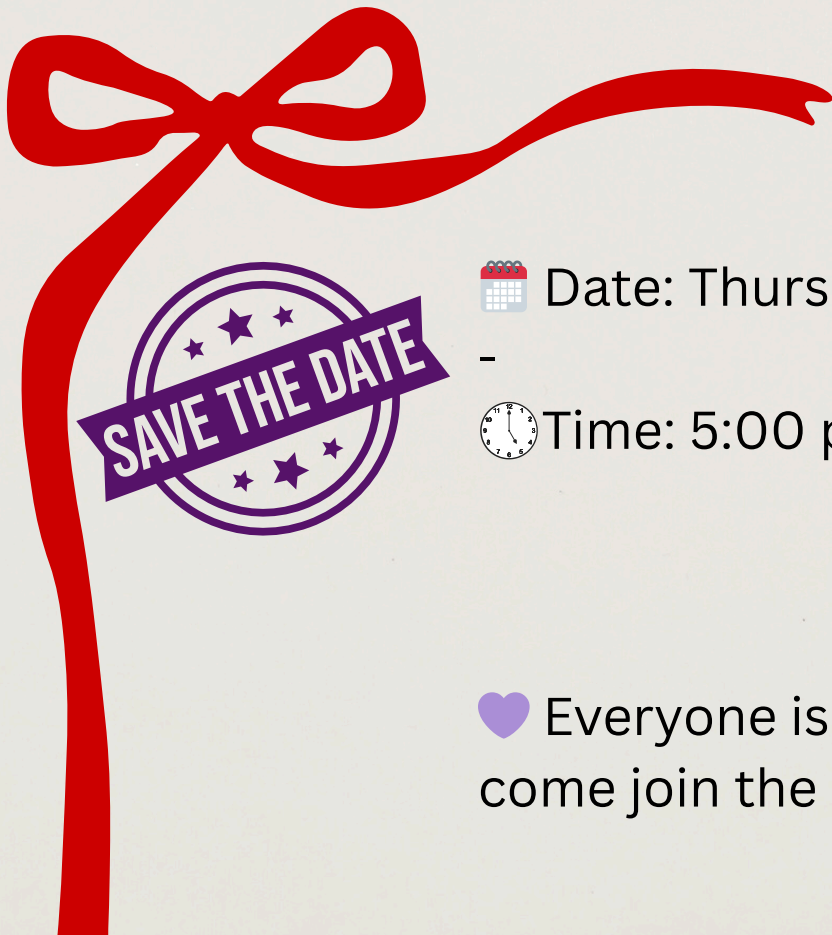
🕯️ ✨ Grand Opening Celebration ✨ 🕯️

Official Candle Lighting - Mezuzah Hanging - Ribbon Cutting

Join us for the official opening of Yiddishland California in
La Paz, Mexico!

Opening this December - just in time for Chanukkah - bringing
Yiddish culture, language, and community to a new location.

Celebrate light, blessings, and community as we mark this
joyful new beginning.



Date: Thursday, December 18th, 2025

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Time: 5:00 p.m. PT



Everyone is welcome -
come join the simkhe (party)!

📖 Ladino Class Update 📖

🌿 2 more slots left for Ladino for Beginners!

You can still join our Monday classes.

Explore the beauty of Judeo-Spanish (Ladino) - the language of Sephardic Jews with **Dr. Agnieszka August-Zarębska** to learn the basics of the language, songs, and other cultural components.



Scan to watch a video
or visit on youtube



❤️ Ready to join? Reach out to us at **info@yiddishland.ca** to register or ask any questions - we can't wait to welcome you!



Stretch, breathe, and find calm - in Yiddish!
Relax and rejuvenate with Dr. Tetyana Yakovleva.



In this relaxing yoga class, we'll help you balance your mind and body to support both mental and physical wellness!

🌿 The slow, gentle flow makes this class perfect for beginners, while experienced students can enjoy deepening their practice at their own pace.

💬 The class is taught in Yiddish with English translation provided.

 **When:** This Sunday, **October 26**

 **Time:** 8–9 a.m. PT / 10–11 a.m. CT (Central US) / 11–12 p.m. ET / 4–5 p.m. UK / 5–6 p.m. CET / 6–7 p.m. Israel

 **Where:** Online via Zoom



Scan here or

REGISTER NOW



🧡🎨 Healing Hearts 🎨🧡

A creative space for connection and reflection.

Join Meaghan Fitzsimmons for a peaceful hour of guided meditation, self-reflection, and energy healing.

🌸 Embrace this opportunity to release stress, restore harmony, and fill your heart with compassion and hope.



 **When: 2nd Thursdays of the month -**
November 13, December 11, January 8, February 12

 **Time:** 12–1 PM PST / 2–3 PM CST (Central US) /
3–4 PM EST / 9–10 PM CET / 10–11 PM Israel
and 6–7 PM PST / 8–9 PM CST (Central US) /
9–10 PM EST

 **Where:** Online via Zoom



Scan here or

REGISTER NOW





Explore Our Calendar



See all our events and classes in a calendar view.



[View Calendar](#)



Have a Suggestion?



Got an idea for a class or event you'd love us to create?
We'd love to hear from you!



info@yiddishland.ca



Join Our Board



Help shape the future of YAAANA and
Yiddishland California.



Contact Jana at jana@yiddishland.ca to learn more.



With gratitude,



Jana and the Teams of YAAANA and Yiddishland California



858-220-2992  yiddishlandcalifornia.org